## List of Sports

- athletics
- baseball
- basketball
- bowling
- car racing
- cycling
- football
- golf
- gymnastics
- handball
- Rugby
- hockey
- horse racing
- jogging
- parachuting
- water polo
- scuba diving
- skiing
- snow-boarding
- soccer
- swimming
- table tennis
- tennis
- volleyball

## Classify the sports of the picture above in the following categories, remember a sport can fall in one or more categories

<table>
<thead>
<tr>
<th>Water Sports</th>
<th>Winter Sports</th>
<th>Individual Sports</th>
<th>Team Sports</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outdoor Sports</th>
<th>Indoor Sports</th>
<th>Ball Games</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Write the name of the sport that these symbols represent:

_________________              ________________

________________

______________          ____________________        _________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Exercise and Sport

Classify the following exercises into the following categories.

<table>
<thead>
<tr>
<th>Aerobics</th>
<th>Basketball</th>
<th>Soccer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camping</td>
<td>Dancing</td>
<td>Tennis</td>
</tr>
<tr>
<td>Exercise</td>
<td>Sit-ups</td>
<td>Voleyball</td>
</tr>
<tr>
<td>Surfing</td>
<td>Baseball</td>
<td>Running</td>
</tr>
<tr>
<td>Swimming</td>
<td>Hockey</td>
<td>Scuba diving</td>
</tr>
<tr>
<td>Push-ups</td>
<td>Fishing</td>
<td>Snowboarding</td>
</tr>
<tr>
<td>Cycling</td>
<td>Golfing</td>
<td>Yoga</td>
</tr>
<tr>
<td>Badminton</td>
<td>A warm-up</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Go</th>
<th>Do</th>
<th>Play</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Sports Equipment and Facilities

Boards: ________________  Field: ________________
Racket: ________________  Shorts: ________________
Gloves: ________________  Sneakers: ________________
Ball: ________________  T-Shirts: ________________
Cleats: ________________  MouthGuards: ________________
bat: ________________  Headgear: ________________
Net: ________________  Mitts: ________________
Court: ________________  Helmet: ________________
Socks: ________________  Googles: ________________
Stick: ________________  Pool: ________________
Clubs: ________________  Pads: ________________
Stool: ________________  Goals: ________________
Table: ________________  Shoulder pads: ________________
Puck: ________________  Chin pads: ________________
Ice Rink: ________________  Golf cart: ________________
A ring: ________________

Indicate what equipment and facilities you need to play these sports

Soccer: ________________ , ________________ , ________________

Basketball: ________________ , ________________ , ________________

Swimming: ________________ , ________________ , ________________

Boxing: ________________ , ________________ , ________________

Hockey: ________________ , ________________ , ________________
Leisure Activities

- cooking
- dancing
- drawing
- gardening
- hiking
- painting
- photography
- playing chess
- playing the piano
- reading
- Watching TV
- Listening to music
- surfing the Internet

Key verbs

- To like:____________________
- To dislike:__________________
- To hate:___________________
- To be good at:________________
- To be interested in:________________

Examples

1. I like to play soccer
2. I like playing soccer
3. I dislike soccer
4. I don’t like watching movies
5. I hate dancing
6. I am interested in painting
7. I am very good at playing chess
8. __________________________________________
9. __________________________________________
10. __________________________________________
Make sentences using verbs such as like, hate, stand, dislike.

1. __________________________________________________________
2. __________________________________________________________
3. __________________________________________________________
4. __________________________________________________________
5. __________________________________________________________

Frequency Adverbs

100%: Always                    50%: Sometimes                     0%: Never
80%: Usually                    30%: Seldom                        
70%: Often                      10%: Rarely

Write some new sentences using frequency adverbs

1. __________________________________________________________
2. __________________________________________________________
3. __________________________________________________________

Check the following paragraph
Hey, My name’s Joan Watson, I am very good at music and art but I am really bad at sports, I can play the piano, the saxophone and the flute, I rarely watch movies but I usually watch TV every night.

Give us your own introduction about your likes and dislikes (Remember using one or two frequency adverbs)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
The games of lacrosse and field hockey are alike in many ways. Lacrosse comes from a game that native Americans have played for centuries. Field hockey is also an old game. It can be traced back to the ancient Greeks and Romans. In both games, players hit a ball into a net with sticks. Also, both games are usually played outdoors. However, the sticks used are different. A lacrosse stick has a net on one end. In contrast, a field hockey stick ends in a head. A field hockey team has 11 players, but a lacrosse team has 10 or 12 players. A field hockey game may end in a tie. Unlike field hockey, lacrosse is played until one team or the other wins.

Choose the appropriate alternative to complete the sentences, according to the previous article.

1) Both lacrosse and field hockey are ____________________________.
   A) old games  
   B) American games  
   C) completely different  
   D) Greek and Roman games

2) In both games ____________________________.
   A) a team must win  
   B) there are twelve players  
   C) the sticks used are similar  
   D) the players hit a ball into a net

3) ____________________________ game (s) can end in a tie.
   A) Field hockey and lacrosse  
   B) All the sports  
   C) Field hockey  
   D) Lacrosse

4) In both games, the sticks used ____________________________.
   A) end in heads  
   B) end in a different way  
   C) are exactly the same  
   D) have nets on the ends
Tennis is one of the most popular games in the world. Players use a racket to hit a ball back and forth over a net. Tennis can be played with one person on each side of the net. When two people played on each side is called double. The goal of the game is to hit the ball to the other side of the net. To win points a player hits the ball so that the other team can’t hit the ball back. A game usually takes four or three hours and players run fast.

Select the appropriate alternative to complete the sentences, from the previous text.

1) The text is about how to ________________.
   A) run fast
   B) be popular
   C) play tennis
   D) have a good racket

2) Tennis needs ________________ to play it.
   A) two nets
   B) two balls
   C) one person
   D) two or four people

3) The goal of the game is ________________.
   A) to hit the ball
   B) to win a player
   C) not to have a net
   D) not to have a racket
Choose the appropriate alternative to complete the sentences, using the previous information.

1) The text is about the ___________________________.
   A) origins of baseball  
   B) development of cricket  
   C) different sport organizations  
   D) beginning of England players

2) Knickerbockers was the ___________________________.
   A) experiment of a group of workers  
   B) name of an England association  
   C) first organized team of baseball  
   D) name of the bat used in cricket

3) The reading says that the ___________________________.
   A) players keep the same position  
   B) baseball team added another member  
   C) rules of baseball are originated in the Major league  
   D) number of players in baseball is the same as at the beginning

Read the text. Choose the appropriate alternative to complete each sentence, according to the reading.

Worksheet created by JmanuelCamposN—More information on Englishpost.org
Famous People

Don Schollander was born in Charlotte, North Carolina in 1946. He started swimming at the age of nine, and since the age of fifteen he received excellent guidance and training from coach George Haines in Santa Clara, California. So he won four gold medals in the Olympic Games in Tokyo in 1964. He also won the title “Outstanding Athlete of the Games.” After the Olympics, however, Schollander went to Yale University in New Haven, Connecticut, and he could no longer have Heines’ help.

After his first year of college and some intense competition, he became sick and could not return to California for the summer.

He had to wait until the next summer to go back to the West Coast. There he began training for the 1968 Olympics. Many people asked him to continue his training for the whole year, but he decided that college was more important than the Olympics. He returned to Yale in the fall.

From Lado English Series

1) Don Schollander
___________________ to participate in the 1964 Olympic Games in Tokyo.

A) received poor guidance
B) returned to North Carolina
C) swam in the Yale University pool
D) had an excellent training in Santa Clara

2) Don didn’t ___________________ when he was in Connecticut.

A) have Haines’ help
B) study in New Haven
C) decide to stay at Yale
D) return to Yale in the fall

3) Schollander couldn’t
___________________.

A) get a good coach to help him
B) be a gold medal winner in the Olympics
C) return to California in summer because of an illness
D) received good training to participate in Olympic Games

4) After a year of college, Don
___________________.

A) got sick
B) kept training hard
C) went to New Haven
D) returned to West Coast

Read the selection.
Soccer
Soccer is the most popular sport in the world. This sport is played by amateurs and professionals all over the world. And once every four years, millions of fans all around the world turn on their TV to watch the most important soccer tournament of all—the World Cup.
Uruguay was chosen as the site of the first tournament because it had won the gold medal for soccer in both 1924 and 1928 Olympic Games. Thirteen countries participated in the 1930 World Cup, including teams from Belgium, France, Rumania, Yugoslavia, the U.S. and eight South American countries. Each team competed for the honor of being named world champion. It was a very close and exciting match; at the end, two South American countries, Uruguay and Argentina played for the championship. Uruguay won 4 – 2 in front of 100,000 excited fans.

Adapted from Efemérides

1) The information says that ________________.
   A) soccer is practiced worldwide
   B) people watch the soccer tournaments in forty countries
   C) professionals and amateurs participate in the World Cup
   D) a very small number of countries participates in the Olympic Games every year

2) Many fans in the world ________________.
   A) become amateurs and professionals through the years
   B) follow the World Cup events every four years
   C) decide where to play the next competition
   D) choose the place of the tournaments

3) The first tournament was played in Uruguay because this country had ________________.
   A) beaten Argentina several times
   B) won the soccer gold medal twice
   C) watched all the tournaments before
   D) played with European teams before

4) Two South American countries ________________.
   A) competed for the championship of the World Cup in nineteen thirty
   B) won the Olympic Games in nineteen twenty–eight
   C) had one thousand fans to support their teams
   D) beat France in an exciting match